



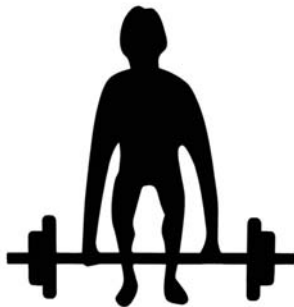
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*Revelations 3:20 Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.*

# EXERCISING OURSELVES IN GODLINESS



**1 Timothy 4:6-10 6 If you instruct the brethren in these things, you will be a good minister of Jesus Christ, nourished in the words of faith and of the good doctrine which you have carefully followed. 7 But reject profane and old wives' fables, and exercise yourself toward godliness. 8 For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come. 9 This is a faithful saying and worthy of all acceptance. 10 For to this end we both labor and suffer reproach, because we trust in the living God, who is the Savior of all men, especially of those who believe.**

Exercising oneself is a form of sacrificial laboring to achieve a goal or several goals. The athletes are known to go through a lot of self subjection and physical exercises with the goal of winning a gold medal and honor among men. He goes through a period where He might have to abstain from certain forms of behavioral patterns like over eating, smoking, excess alcohol and sex all to keep Himself fit for the event that will eventually give Him His sought after glory. In likewise manner a university student might also discipline Himself so that He can concentrate on His studies all with the aim of achieving a good degree that will make the way to success smooth for Him. He might have to turn down excess

partying and drinking sprees and other forms of distractions that will hinder Him from getting to His goal. There are countless examples and you will agree with me that laboring is a form of exercise that leads to benefits no matter how you look at it.

The world is full of men laboring or exercising themselves to achieve something in this life. During their period of preparation, people are hardly known but when they achieve their goal they become known and honored. Just imagine a 100 meters sprinter who has gone through years of preparation unnoticed but the moment he wins a gold medal like we see in the Olympics, He becomes a celebrity who attracts wealth and honor. The once unknown figure now meets and shakes hands with presidents and other important figures in this world. All those who started off with the sprinter and backed off due to distractions and the rigorous nature of the training period watch from afar off in regret when they behold their colleague in glory. If they had a vision of the joy and glory that lay ahead they would have persevered until the end.

Even after receiving the a prize, the athlete continues on in excising himself so maintain His Medal and to possible win better and greater honors. So while enjoying His new found glory and fame he continues on in exercising Himself otherwise He loses His crown. You will agree with me that at times it is best never to taste riches than to taste it then lose it. So to get the crown the athlete exercises Himself and after getting the crown He maintains the crown by continuing on in exercising Himself.

We have received word in these last days concerning the glory of Christ that is to be revealed thorough those who hear this message and diligently seek out this mystery. Christ has showered us with extremely powerful prophetic gifts of spiritual wisdom that has opened our eyes and is opening it continuously to understand Him that is true and our place in Him. Some of us do not have an idea of how valuable the mystery of Christ is. I have spoken to men who will pull revival crowds enough to fill a stadium who were astonished and humbled at some of these things that we speak. This message is a message that billions have sought and are still searching for, yet the Lord has graciously granted us hearing ears to hear Him speak.

We have received word of our true perfect, immortal and holy nature which we lost knowledge of in this Dark Age. Christ is revealed from heaven to reveal our place and inheritance in Him. Hearing this mystery, understanding it and embracing it is the key to our liberation from the powers of death. Holding on to the knowledge of the Son in us and continuing in this doctrine is the only way into the courts of God's Paradise. If we hold on to the lie (Self knowledge after the flesh), we will only suffer the rigors of hell and deny ourselves of God's tender mercy. The world is passing away and we pass away with it, if we hold on to the lie.

When the message first came, many rejoiced at the revelation truth and many put on zeal but as time goes by many have fallen by the way side. Many have been seduced by the multitudes into turning aside to religion to promote the lie of the Devil. Many have turned aside to the world to hold on to the traditions of men that seek to promote morality and traditions of men. Some have gone after gain and increase in this material world and have indeed seen and known nothing but sorrow. All this goes to confirm the word which says many are called few are chosen. Thousands of Hebrews left the bondages of Egypt during the days of Moses but only two of the men above the age of twenty ever tasted of the land flowing with milk and Honey; few ever entered the rest of God because they were

seduced and drawn away by the acts of the nations about them. They all rejoiced initially after their liberation from the Egyptians; they also sang with songs of assurance of their allegiance with God only for their carcasses to litter the wilderness.

Brethren let us not be deceived neither should we be carried away by the things that we see in this world of appearances because they will come to naught. Do not be deceived by miraculous signs and wonders that litter the earth today because many of these systems are founded on falsehood. The only thing that we can ever gain is a total procession of our true lost identity in God; that which we can ever hope to achieve is a restoration to our place in the eternal Godhead. With the revelation of ourselves in Christ, We have to rediscover ourselves in Christ, who is the only true God and eternal life.

**1John 5:20 And we know that the Son of God is come, and hath given us an understanding, that we may know him that is true, and we are in him that is true, even in his Son Jesus Christ. This is the true God, and eternal life.**

**John 17:3 And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.**

True illumination and understanding is knowing yourself as you know of Him, which is in Christ and as Christ, who is one with God. **It might sound hard for some to crack but take it.**

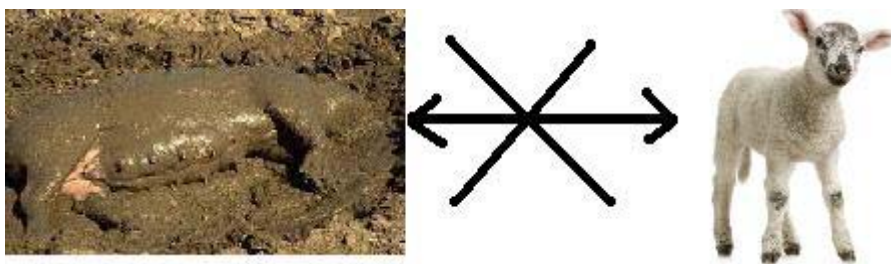
We are understanding that we are Him; we are united in one and inseparable. Now we have to walk in this revelation continuously, we have to labor and exercise ourselves in this revealed truth otherwise we stand the risk of losing our reward. What is our reward? Our reward is Him (God). Those who overcome seat on the throne as God and inherit all the glory of God. God and the totality of His glory is our exceeding great reward which we have to seek out. That is why Jesus prayed saying Father **glorify me with your own self** with the glory I had with you before this world was.

**John 17:4-5 I have glorified thee on the earth: I have finished the work which thou gavest me to do. 5 And now, O Father, glorify thou me with thine own self with the glory which I had with thee before the world was.**

Jesus had glorified the Father by manifesting the mystery of Christ the Son to the world and His reward was His glorification or exaltation into the Father consciousness. We who are called are called to exercise this mystery before the world so that they may believe it and be saved. Those who do this inherit eternal life which is our selves in Christ in union with God. This can sound deep at times but understanding this mystery and walking in it causes the day to dawn on us. Getting a hold of this truth and laboring in it is the way to the salvation and peace we seek.

Paul in a letter to Timothy [**1 Timothy 4:6-10**] admonished that Timothy should exercise Himself to godliness according the measure He had received from Paul. He was also admonished to shun old women's fables and hang tight to the good word of faith that He had received. Paul in this letter was speaking in a spiritual tongue to Timothy His son in the faith. He was communicating to Timothy to shun the old teachings in line with traditions and doctrines of the systems of men and the systems of religion. He was telling His to shun the teachings of men that try to present you as a separate entity from Christ. The teachings of this world try to improve the outer body but neglects (or have no knowledge) the true inner man, which is Christ within. Religion and the traditions of men walk hand in hand with appearances and can in no way profit a man eternally. That is why Paul says bodily exercise profits little but exercising ourselves in godliness which is in the knowledge of the inner spiritual man profits both in this world and in the age to come.

Even the Lord Jesus admonished that we should labor for that which leads to eternal life and not for goods that corrupts and fades away. He further said the flesh profits nothing; it is the spirit that gives life. If we received the manna from God, we live after the spirit and no more after the flesh because the manna has come to reveal the truth hidden from the foundation of the world to us. All our energy and labor should be in coming to the complete awareness of the treasure within us which is Christ. Religion and the traditions of men only seek to better the outward man and make it holy and just but they will discover that they are greatly mistaken. A pig can not be transformed into a lamb, neither a lamb be transformed into a pig. To get a lamb we have to lay our hands on a lamb not trying to convert the pig to a lamb. Religion tries to convert the pig to a lamb while the doctrine of Christ does away with the pig and takes a hold on the lamb. The pig represents the carnal earthly man with all His filth and carnal tendencies, while the lamb is the innocent spiritual image we were generated in and lost a knowledge of all this while. All un-regenerated men fall into the category of pigs spiritually speaking, it doesn't matter whether it be Family members or high religious figures.



Religion and the doctrines of the systems of men are simply bodily exercises that justify men before men and their systems, they try to preserve the outer man and make it good, because they have no revelation of the true inner man. On the other hand practicing the truth in Christ is spiritual exercise that causes us to increase in the knowledge of the true inner spiritual man that was from the beginning. Christ was revealed from Heaven to educate us on that true internal man and the glory associated with it. Discovering that inward man is all that we really have to labor and exercise ourselves in.

**1John 5:20 And we know that the Son of God is come, and hath given us an understanding, that we may know him that is true, and we are in him that is true, even in his Son Jesus Christ. This is the true God, and eternal life.**

John the Apostle is saying that God did not appear to teach us procedures and lettered doctrines of religion, He came to teach us about the Christ who is from the beginning (The Truth) and our origin and root in Him; the same is the true God and eternal life. The mystery of godliness is in our understanding this mystery and manifesting this mystery. Manifesting this mystery is done by our complete conformation into Him likeness so that we be as Him in all purity, innocence, love and power. As we manifest this mystery we find rest and manifest the glory of God for the brethren to see and be saved.

**1Timothy 3:16 And without controversy great is the mystery of godliness: God was manifest in the flesh, justified in the Spirit, seen of angels, preached unto the Gentiles, believed on in the world, received up into glory.**

Like Paul writes in **Timothy 3:16** the mystery of godliness is indeed great yet rarely understood by men. Our calling is to exercise this mystery as this is the only thing that pleases God. We do this by ever increasing in the knowledge of Him and decreasing the outward man after the flesh. As we do this we stand in the realm of eternity connecting back to the way we were before we got stuck in the lower mortal realms of the flesh.

Exercising ourselves in godliness means increasing in understanding, in virtue, in self-control, in brotherly kindness and love after the spirit man. We increase by transforming our thinking to His thinking and our ways to His ways. Our eyes of understanding have to behold the creation the same way He beholds the creation. These are the things we should do with all diligence day and night throughout all eternity. As we exercise ourselves

in these we discover ourselves in the heart of God's kingdom of light, we discover that we are Him.

**2 Peter 1:5-11** 5 But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, 6 to knowledge self-control, to self-control perseverance, to perseverance godliness, 7 to godliness brotherly kindness, and to brotherly kindness love. 8 For if these things are yours and abound, you will be neither barren nor unfruitful in the knowledge of our Lord Jesus Christ. 9 For he who lacks these things is shortsighted, even to blindness, and has forgotten that he was cleansed from his old sins. 10 Therefore, brethren, be even more diligent to make your call and election sure, for if you do these things you will never stumble; 11 for so an entrance will be supplied to you abundantly into the everlasting kingdom of our Lord and Savior Jesus Christ.

### **LET US REMAIN FOCUSED**

Let us never lose focus of our goal as coinheritors in God's glorious invisible kingdom; may we not admire the multitudes that turn aside unto gain of this world rather than the glory of God. In fact the world of appearances portrays that we are in the minority when we walk in this faith but open your eyes in the spirit and behold the innumerable company of saints in our camp. Like the servant of Elijah's eyes were opened to behold myriads of heavenly host, let us always remind ourselves that they that are with us are more than they that be against the Christ. Who are those against Christ? Those who fail to acknowledge this mystery and gather into Him.

Let us stir up the gift of God within us unto eternal life by arising from the bed of slumbering and follow on unto the end. Let us never let the remembrance of this revelation of the glory with down in the deep places of the world. I say this sadly because I observe that many that started off with us have gone to sleep. The manifestation of Christ to humanity and His teachings are the only things to hold on to dearly, because there is no other thing to gain or possess apart from that immortal light and glory of God.

**2 Timothy 1:6-10** Wherefore I put thee in remembrance that thou stir up the gift of God, which is in thee by the putting on of my hands. 7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 8 Be not thou therefore ashamed of the testimony of our Lord, nor of me his prisoner: but be thou partaker of the afflictions of the gospel according to the power of God; 9 Who hath saved us, and

**called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began, 10 But is now made manifest by the appearing of our Saviour Jesus Christ, who hath abolished death, and hath brought life and immortality to light through the gospel:**

Like the bible say's let no man rob you of your reward, in other words let us not be lured away by men who seem to prosper in this world nor should we be intimidated by they who do not have the revelation of the mystery that has been given into us. Let us leave aside bitterness and come in to love the name of the Lord.

God Bless

Trevor Eghagha